



IMPROVE PATIENT SCREENING BY USING ELECTRONIC HEALTH RECORDS

Primary care physicians play a key role in the awareness of men's preventive services.

- Perform blood pressure & BMI screenings (ages 18+). Monitor use of medications and control blood pressure greater than 140/90 (a normal BMI is between 18.5-24.9).
- Perform cholesterol and lipid screenings (ages 35+) along with other important blood tests such as liver function studies, diabetes screening, PSA and HIV testing.
- Administer immunizations (ages 18+) including Tdap, varicella, zoster, pneumococcal, influenza vaccine, and hep A, hep B, meningococcal as needed.
- Screen for colorectal cancer with any one of the four screenings below, beginning at age 50 to 75:
 - FOBT every year.
 - Flexible sigmoidoscopy every 5 years.
 - Colonoscopy every 10 years.
- Provide smoking cessation assistance.
- Set self-management goals of a healthy diet and regular exercise.

With a simple office visit, your patients will be assured their health is being well monitored by you and the practice's care manager.

Men live an average of seven years less than women. Their lifestyles expose them to different types of risk factors. More men than women use tobacco and alcohol.

Men also have higher rates of:

Heart Disease

Cancer

Stroke

Diabetes

Kidney Disease

Men will benefit from increased information on gender specific health concerns.

The PCP can assist with health education that covers exercise, healthy eating, stress management & routine preventative care.



If you need assistance reaching all of your patients for follow up or a screening call
MedNetOne Health Solutions at (248) 475-4701



A Healthy Lifestyle Program for Kids and Teens!

R-Team is a family focused program; teaching kids, teens, and their parents how to live a healthy lifestyle through 10 fun and educational group sessions. Each child is given an individual assessment with a nurse, dietitian, exercise specialist, and wellness coach from R-Team before group sessions start.



**Register Now! Program Starts
June 8, 2015**

Our Program Offers:

- Education on meal planning and portion control
- Tips for grocery shopping success
- Fun activities on choosing healthy snacks and beverages
- Group fitness education with an exercise specialist at every session
- Discussions on self-esteem and body image
- Support from the participants' team of dietitians, exercise specialists, and wellness coaches
- Encouragement from the group in a judgment-free setting
- Motivation and goal setting skills for making healthy changes that last
- A parent or caregiver must attend all 10 sessions with their child

Location:

Country Creek Medical Building
4986 Adams Road, Suite E
Rochester, MI 48306

Program Dates:

June 8, 2015 - Nov. 23, 2015
Sessions held every other Monday.

Program Time:

6:00pm-7:30pm

Individual Assessments:

4:00p.m. - 8:00p.m.
on the following dates:
March 30, 2015
April 27, 2015
May 11, 2015

Attention Billers, Coders & Office Managers Upcoming Training for 2015

Location: Physician Training Center 26550 John R Madison Heights MI48071

Tuesday 5/5/2015 1-2:30 pm
Insurance Credentialing, Contracting, and Loading~*The Story Behind the Story*
Presented by Sarah Brannon, MHA

Wednesday 5/6/2015 1-2:30 pm
Patient and Payer Collections
Presented by Rhonda Granja BS,CMC,CMIS,CMOM,CMA,CPC

Thursday 5/21/2015 1-2:30 pm
Managing Multiple Generations
Presented by David F. Jakielo, CHBME

Tuesday 5/27/2015 1-2:30 pm
CPT Coding Concepts
Presented by Jeff Restuccio,CPC,CPC-H,MBH, President of Ritecode.com

Wednesday 6/10/2015 1-2:30 pm
Advancing Your Social media Strategy
Presented by Jamie Verkamp

Thursday 6/18/2015 1-2:30 pm
Does HIPAA Satisfy Meaningful Use Requirements?
Presented by Tod Ferran, CISSP,QSA

Tuesday 6/23/2015 1-2:30 pm
Getting Paid - Keeping a Pulse of Accounts Receivable
Presented by Pam Joslin, MM,CMC,CMIS

\$25 per participant per program (cash or check)
For additional information or to register please contact:
Deeanna Piccolo by phone at 248.475.4759 or email dpiccolo@mednetone.net