



IMPROVE PATIENT SCREENING BY USING ELECTRONIC HEALTH RECORDS

Use your patient registry or EHR to improve identification and management of individuals with CVD. Primary care physicians and cardiologists play an important and distinct role in the detection and management of CVD.

Be aware of the following guidelines for your patients at risk for CVD:

Beta-Blocker Treatment after Heart Attack (Ages 18+):

- Patients who were hospitalized and discharged after an acute myocardial infarction (MI) should receive treatment with beta-blockers for six months after discharge

Cholesterol Management (Ages 18+):

- Patients who were discharged for any of the following and/or diagnosed with:
 - Acute MI
 - Coronary artery bypass graft
 - Percutaneous coronary interventions
- Ischemic vascular disease
- Patients should have each of the following annually:
 - LDL-C screening performed
 - LDL level < 100

Controlling High Blood Pressure (Ages 18-85):

- Patients with a diagnosis of hypertension whose most recent blood pressure reading was controlled (<140/90)

Smoking Cessation for Tobacco Users (Ages 18+):

- Receive and understand advice to quit cessation medications recommended and discussed
- Cessation methods recommended and discussed

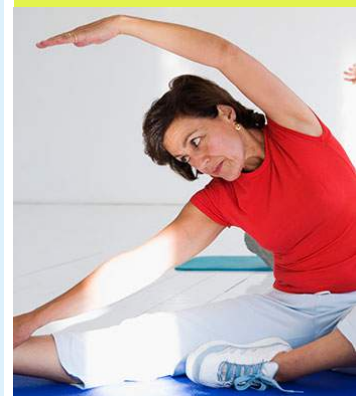
Patient Education

- Educate on major warning signs and symptoms of MI

With a simple office visit, your patients will be assured their health is being well monitored by you and the practice's care manager.

Cardiovascular disease (CVD) is an abnormal function of the blood vessels or the heart. CVD is the leading cause of death in the United States, claiming approximately 600,000 people every year.

High blood pressure, high LDL-cholesterol and smoking are key risk factors for heart disease. About half of Americans have at least one of these risk factors. One in three have some form of CVD. The most common ones are heart disease and stroke. It also includes high blood pressure, heart failure and coronary heart disease. CVD is the leading cause of death in the USA and the world.



If you need assistance reaching all of your patients for follow up or a screening call
MedNetOne Health Solutions at (248) 475-4701



A Healthy Lifestyle Program for Kids and Teens!

R-Team is a family focused program; teaching kids, teens, and their parents how to live a healthy lifestyle through 10 fun and educational group sessions. Each child is given an individual assessment with a nurse, dietitian, exercise specialist, and wellness coach from R-Team before group sessions start.



**Register Now! Program Starts
March 9, 2015**

Our Program Offers:

- Education on meal planning and portion control
- Tips for grocery shopping success
- Fun activities on choosing healthy snacks and beverages
- Group fitness education with an exercise specialist at every session
- Discussions on self-esteem and body image
- Support from the participants' team of dietitians, exercise specialists, and wellness coaches
- Encouragement from the group in a judgment-free setting
- Motivation and goal setting skills for making healthy changes that last
- A parent or caregiver must attend all 10 sessions with their child

Location:

Practice Transformation Institute
26550 John R Road
Madison Heights, MI 48071

Program Dates:

March 9, 2015 - August 10, 2015
Sessions held every other Monday.

Program Time:

6:00pm-7:30pm

Individual Assessments:

4:00p.m. - 8:00p.m.
on the following dates:
January 19, 2015
February 2, 2015
February 16, 2015

**Attention Billers, Coders & Office Managers Upcoming
Training for 2015**

Location: Physician Training Center 26550 John R Madison Heights MI48071

**Tuesday 1/13/2015 1-2:30 pm
Managing the Independent Practice in 2015
Presented by Pamela Joslin, MM,CMC**

**Thursday 1/15/2015 1-2:30 pm
Effective Collections Skills
Presented by Sunjanel AVECILLA, EMT-P, CMC,CMIS,CMOM,CPC**

**Thursday 1/22/2015 1-2:30 pm
Coding & Reimbursement Update 2015
Presented by Maxine Collins, MBA,CPA,CMC,CMIS,CMOM**

**Thursday 1/29/2015 1-2:30 pm
Steer Clear of Audit Triggers
Presented by Rhonda Granja BS,CMC,CMIS,CMOM,CMA,CPC**

**Thursday 2/5/2015 1-2:30 pm
Coding ICD-10: Nuts & Bolts
Presented by Nancy Maguire, ACS,PCSPFCS.HCS-D,CRT**

**Tuesday 2/17/2015 1-2:30 pm
ICD-10 Staff Training Assessment for the Medical Office
Presented by Sunjanel AVECILLA, EMT-P,CMC,CMIS,CMOM,CPC**

**Tuesday 3/3/2015 1-2:30 pm
Accountable Care Organizations and Their Impact on Your Future
Presented by Maxine Inman Collins, MBA,CPA,CMC,CMIS,CMOM**

**Wednesday 3/4/2015 1-2:30 pm
Marketing Your Practice on Social Media
Presented by Audrey Christie McLaughlin, RN**

**\$25 per participant per program (cash or check)
For additional information or to register please contact:
Deeanna Piccolo by phone at 248.475.4759 or email dpiccolo@mednetone.net**