



Self Defense Class for the HICM Care Team Member

Tuesday, September 2, 2014
10am– 2pm

Oakland County Sheriff's Office
1200 N. Telegraph Road, Building 38 East
Pontiac, MI

Four hour class
Three hours of physical activity
One hour of questions

Instruction provided by an
Oakland County Undersheriff

\$25 per person

Dress in normal work clothing
Space is limited

Register online

Additional information: mlazar@mednetone.net

Refreshments provided